



MASSAGES

BODY RESCUE

UTILIZING THERAPEUTIC, DEEP TISSUE TECHNIQUES OUR SKILLED THERAPISTS WILL BRING YOU BACK TO A STATE OF VITALITY.

90 MINUTES / \$200

SPA REFLEXOLOGY

ENJOY A MIX OF ANCIENT AND MODERN TECHNIQUES DESIGNED TO LEAVE YOU FEELING RELAXED AND REJUVENATED

60 MINUTES / \$135

WELLNESS

FIND CALM AND SERENITY WHILE RESTORING BALANCE, RELEASING TENSION AND IMPROVING BLOOD FLOW AND DETOXIFYING THE BODY WITH THIS RELAXATION FOCUSED MASSAGE.

60 MINUTES / \$125

RMT MASSAGE

A CUSTOMIZED MASSAGE PERFORMED BY A BC REGISTERED MASSAGE THERAPIST. FOCUS IS ON REHABILITATION AND ADDRESSING PAST AND PRESENT INJURIES.

*60 MINUTES / \$160 75 MINUTES / \$190
90 MINUTES / \$230*

SIGNATURE

OUR THERAPISTS DELIVER A PERSONALIZED TREATMENT BASED ON YOUR NEEDS

90 MINUTES / \$190

PURE ZEN

FOCUSED ON YOUR COMFORT, THIS MASSAGE PROMOTES DEEP REST AND RELAXATION

90 MINUTES / \$175

MELT AWAY HOTSTONE

OUR THERAPISTS INCORPORATE HEATED STONES WITH EXPERT MASSAGE TECHNIQUES TO RELIEVE STRESS, REDUCE PAIN AND IMPROVE CIRCULATION LEAVING YOU FEELING REFRESHED AND REVITALIZED

75 MINUTES / \$165

FACIALS

TIME SMART FACIAL

PROFESSIONAL SKIN CARE CUSTOMIZED TO YOUR SKIN'S NEEDS TO RESTORE YOUR YOUTHFUL GLOW.

60 MINUTES / \$135

PRO POWER PEEL FACIAL

A PROFESSIONAL PEEL THAT WILL IMPROVE THE APPEARANCE OF HYPER PIGMENTATION, FINE LINES, AND WRINKLES, DULLNESS AND MILD SKIN DISCOLOURATION ON THE FACE, NECK & DÉCOLLETÉ

60 MINUTES / \$160

CLASSIC FACIAL

RESTORING YOUR SKIN TO A HEALTHY, BALANCED, AND CLEAR COMPLEXION. LEAVING IT SOFT & FRESH LOOKING, TO MAKE YOU FEEL PAMPERED & RELAXED.

45 MINUTES / \$120

WATERFRONT SIGNATURE FACIAL

THE ULTIMATE IN LUXURIOUS TREATMENTS! THIS FACIAL UTILIZES PRODUCTS CUSTOMIZED TO MEET YOUR SKIN'S PERSONAL NEEDS AND INCLUDES A FOOT SCRUB, HOT TOWEL AND MASSAGE, FACE, NECK, DÉCOLLETAGE AND ARM MASSAGE. PURE BLISS!

75 MINUTES / \$150

FOR RESERVATIONS, VISIT: SEASIDEHOTELVANCOUVER.COM/SPA
130-125 VICTORY SHIP WAY, NORTH VANCOUVER, BC, V7L 0G5



NAILS

CLASSIC MANICURE
45 MINUTES / \$50

SHELLAC / GEL MANICURE
60 MINUTES / \$60

CLASSIC PEDICURE
60 MINUTES / \$75

SHELLAC / GEL PEDICURE
75 MINUTES / \$85

POLISH APPLICATION
20 MINUTES / \$20

SHELLAC / GEL APPLICATION
30 MINUTES / \$30

FRENCH POLISH
30 MINUTES / \$20

GEL POLISH REMOVAL
30 MINUTES / \$20

WAXING

FULL FACE
\$45

FULL ARMS
\$50

EYEBROWS
\$25

HALF ARMS
\$35

UPPER LIP
\$15

FULL BACK
\$60

CHIN
\$20

HALF BACK
\$45

HALF FACE
\$30

HALF BACK (LADIES)
\$45

NECK
\$45

SHOULDERS
\$35

LASHES & BROWS

EYEBROW TINT
\$20

EYELASH TINT
\$35

EYELASH & EYEBROW TINT
\$50

EYEBROW SHAPE & TINT
\$45

JET LAG PRESSURE POINT FOOT THERAPY
PERFECT FOR JET LAG! OUR FABULOUS PRESSURE POINT FOOT MASSAGE IS GUARANTEED TO RELIEVE AND REFRESH SWOLLEN, OVERWORKED, AND TIRED FEET. INCLUDES AN ENERGIZING LOWER LEG AND FOOT EXFOLIATION.
30 MINUTES / \$50

FULL BACK, NECK, SHOULDERS
\$90

BIKINI
\$35

UNDERARMS
\$30

FRENCH BIKINI
\$45

CHEST
\$60

BRAZILIAN
\$65

ABDOMEN
\$60

FULL LEG AND BIKINI
\$95

HALF LEG
\$45

FULL LEG
\$90

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